life Gear

GET ACTIVE FOR LIFE





ITEM# 76216

L7 Multi POWER RACK/CAGE

Product Size:

• Set Up Dimension: L x W x H (cm): 128 x 118.5 x 212

Features:

- The Power Cage Is Designed With A Large Walk In Space Providing Easy Side To Side Movement
- The Maximum Weight Capacity For The Upright Frame Is 360 kg
- The Power Cage Comes With Two Spotter Arms And Two Long Chrome Dual Mounted Safety Bars
- Each Pair Of Spotter Arms Can Handle A Weight Capacity Of 453 kg
- Each Pair Of Long Chrome Dual Mounted Safety Bars Can Handle A Weight Capacity Of 907 kg
- 19 Adjustable Height Levels For The Spotter Arms, And The Long Chrome Dual Mounted Safety Bars
- Spotter Arms And Safety Bars Are Compatible With 213 cm Olympic Bars (Olympic Bar And Weight Plates Not Included)
- Multi-Position Over Head Chin Up/Pull Up Grip Bars For Building Your Arm, Shoulder And Back Muscle Groups With Variety Of Exercises
- The Rear Stability Bar And Pull Up Grip Bar Of This Power Cage Is Suitable For Installing The Lat Pulldown / Low Row Cable Attachment (Not Included) That Allows You To Workouts Such As Lat Pulldowns, Tricep Pushdowns, Low Rows, And Overhead Cable Curls
- The Power Cage Can Be Combined With Weight Bench (Not Included) & Barbell (Not Included) To Including The Big 6 Exercise In Your Routine Training With Extra Safety, Such As: Bench Press, Deadlift, Barbell Row, Barbell Squat, Shoulder Press And Etc

Construction:

- 5 cm x 5 cm Square Tubular Steel Frame Construction
- 2 Rear Stability Bars

Shipping:

• 40' Q'ty: 295 Units

• FOB Port: Klang, Malaysia

Net Weight: 55 kgs







Two Sets Of Safety Bars

Multi-Position Chin-up/ Pull-up Bars





E6 SIT-UP BENCH

ITEM# 76363

Product Size:

• Set Up Dimension: L x W x H (cm): 141 x 59 x 125

Folded Size: L x W x H (cm): 126 x 59 x 24.5

Features:

- Tubular Steel Frame Construction
- The 1.4 mm Thick Front And Rear Stabilizers Enhance
 The Bench's Stability And Durability
- The 2.0 mm Thick Main Frame And Backrest Adjustment
 Tube Allow This Bench To Handle Heavy Weight Loads
- 3 Position Adjustable Front Leg
- Foam Roller Leg Hold Down Bar Can Be Adjusted To 4
 Positions
- Adjustable Backrest Can Be Adjusted To Incline, Flat And Decline Positions
- Extended Foam Backrest And Large Foam Seat Cushion
- Can Be Folded For Storage
- Built-In Transport Wheels For Easy Transport
- 360 kg User Weight Capacity

Shipping:

• 40' Q'TY: 387 Units

• FOB Port: Klang, Malaysia

• Net Weight: 17.7 kg



Leg Hold Down Bar Can Be Adjusted To 4 Positions.



Adjustable Backrest Can Be Adjusted to Incline, Flat And Decline Positions.





AB Hyper Bench

ITEM# 76030

Product Size:

Set Up Dimension: L x W x H (cm): 161.5 x 71 x 89

Features:

- Tubular Steel Frame Construction
- The 1.8 mm Thick Front And Rear Stabilizers Enhance The Bench's Stability And Durability
- The 2.0 mm Thick Backrest Support And Handle Grip Tubes
 Allow This Bench To Handle Heavy Weight Loads
- The Hyper Bench Offers A Convenient All-In-One Way To Target The Lower Back, Hips, And Abdominal Muscles
- The Padded Bench Can Be Adjusted To 4 Levels From Flat
 To Decline Positions
- The Adjustable Thigh Support Tube Can Be Adjusted To Up And Down Positions To Accommodate The Height Of Most Users
- Both Extended Hand Grips Allow User To Feel Secure During Workouts
- The 2-Position Adjustable Foam Rollers Hold Your Ankles Securely With Comfort And Stability
- Large Non-Slip Footrest For Great Stability
- Built-in Transport Wheels For Easy Transport
- 290 kg User Weight Capacity

Shipping:

• 40'Q'TY: 330 units

• FOB Port: Klang, Malaysia

Net Weight: 25.5 kg

